



Enroll Your School in Team Nutrition Today!

What is Team Nutrition?

TN is a national movement designed to motivate, encourage, and empower students, families, schools, and the community to work together to support healthy lifestyles by making it easier to eat healthy and be physically active.

TN encourages students' (grades pre-K-12) and their families to: eat a variety of foods, eat more fruits, vegetables, whole grains and calcium rich foods, eat lower fat foods more often, and be physically active everyday.

What is the cost?

There is no cost, joining TN is free! Simply send back the enrollment form (next page) today.

Why join?

By joining TN you will receive many benefits:

- Healthy eating and physical activity materials (while supplies last).
- Quarterly newsletter stuffed with recipes, TN success stories, and grant opportunities.
- Connection to other professionals dedicated to supporting healthy eating and physical activity in schools and in the community.
- For more information on the benefits of joining visit the TN Web site at: www.tn.fcs.msue.msu.edu

Who can join?

- Any school building which offers at least one USDA-funded school meals program: The National School Lunch Program, The National School Breakfast Program, The After School Snack Program or the Special Milk Program.
- Michigan Team Nutrition School Leaders (identified on the back of this form) represent various professions including food service directors and foodservice staff members, school administrators, classroom teachers, school nurses, physical education teachers, parents and more.

How to join?

To join complete the form on the back of this page and:

- **Mail** your form to Meeghan Peterson, Michigan Department of Education, P. O. Box 30008, Lansing, MI 48933; or
- **Fax** your form to Meeghan at 517.373.4022

Team Nutrition Schools agree to:

- Support USDA's Team Nutrition goal and values.
- Demonstrate a commitment to help students meet the Dietary Guidelines for Americans.
- Designate a Team Nutrition School Leader who will establish a school team.
- Distribute Team Nutrition materials to teachers, students, and parents.
- Involve teachers, students, parents, food service personnel, and the community in interactive and entertaining nutrition education activities.
- Demonstrate a well-run Child Nutrition Program.
- Share successful strategies and programs with other schools.

If you have a question about joining or TN, please call Meeghan Peterson at (517) 335.4608.

MICHIGAN TEAM NUTRITION SCHOOL ENROLLMENT FORM

(Submit one form for **each** school)

For office use only

Date:

- Faxed to database manager
 Welcome Kit sent
 Sent to USDA
 Sent to MSUE County
 On National database

Our Team Nutrition School Leader is:	Ms.	Mrs.	Mr.	or	Other
First Name:					
Last Name:					
E-mail Address:					
Title:					
School Name:					
Total Student Enrollment:					
Grades of School:					
School District:					
School County:					
School Address :					
City:					
State:					
Zip:					
Telephone:					
Fax:					

We certify that our school/site participates in one or more of the following USDA-funded, School Meals Programs: The National School Lunch Program, The National School Breakfast Program, The After School Snack Program or the Special Milk Program.

School Principal, Printed Name

Foodservice Manager or Director, Printed Name

Signature and Date (REQUIRED)

Signature and Date (REQUIRED)

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or FAX to 517.373.4022*