

ORDER FORM

Family Bookbag

Eat Healthy. Play Hard. Read More.



What is the Family Bookbag?

The **Family Bookbag** is for children in grades K-2 and their families. The bookbag, and everything inside promotes and encourages families to: choose and eat healthy foods, be physically active, enjoy family mealtime and read together.

The bookbag is designed for use in schools, classrooms, libraries, and out-of-school time programs. Each child in the program takes a turn taking home the bookbag for 3-7 days, then returns it (taking out the items marked *Yours to Keep*) for the next child to take home and share with his or her family.

Packaged in a durable, bright green zippered-tote the **Family Bookbag** contains the following resources to help families discover together how to eat healthy, be active and enjoy reading together:

- **Five Children's Books with Positive Health Messages:** *The Milk Makers, The Busy Body Book, I Will Not Never Eat A Tomato, Oh the Things You Can Do That Are Good for You!, and Yoko.*
- **A Family Tip Sheet (30 copies).** The tip sheet includes information and tips for families on eating healthy, being active and reading with children.
- **A Recipe Card Set (30 sets).** A set of 8 family-friendly recipes.
- **A Parent Letter.** The laminated parent letter explains to parents/caregivers how to use the bookbag and the other items inside the bag.
- **An Educators' Guide.** This guide explains how to operate the Family Bookbag program in a school, one-on-one in the home, or in an out-of-school time/community program setting. Information on how to obtain other free or low-cost nutrition education reinforcement items to personalize and enhance the bookbag are also included in the guide.

Kids can't wait for their turn to take home the Family Bookbag!

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Product Code	Item Description	Cost	Shipping & Handling	Quantity	Total
FBBP001	<i>The Family Nutrition Bookbag</i> This includes a zippered tote, five books, 30 recipe card sets, 30 <i>Family Tip Sheets</i> , one <i>Parent Letter</i> , and an <i>Educators' Guide</i> .	\$70	\$5 each		
Please allow for 2-3 weeks delivery time. Thank you!					

Send Order Form To:

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 Michigan State University Extension
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 East Lansing, MI 48824-1039
 517.432.7685 / Fax: 517.353.4846

Questions about the bookbag?
 Contact Chris Flood at 269-639-0002 or send an e-mail to floodc@msu.edu.

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If you would like to have your e-mail address added to an e-mail announcement list, where you will receive **1-2 emails per month** about new children's books and resources to link and integrate nutrition education with reading/literacy please check here. _____

For Office Use Only

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